

Summary of the total number of conducted activities under each SDG for the academic year 2023-2024

**SMU SDG Implementation, A.Y. 2023-2024**



**Total Number of SDG 3 Activities: 13**

**Total Number of Recipients: At Least 654**



## LIST OF EXTENSION AND OUTREACH ACTIVITIES AY 2023-2024

Activities	Type of Beneficiaries	No. of Beneficiaries	Type of Donation
World Pharmacist Day Celebration with Community Extension Service (OTC Medicine Distribution) - SMU and Solano and Bayombong Public Market	SMU-LDRs, Security Guards and people of Solano Public Market	300	300 packs of OTC medicines
Medical, Dental, Optical Mission at Bonfal West, Bayombong	Residents of Bonfal West, Bayombong, N.V.	-	
Jesus Mobile Clinic 2023: Medical Mission for Purok Gonggongob residents	Residents of Purok Gonggongob, Cabuluan, Villaverde, N.V.	50	Medicines and vitamins
San Nicolas Medical Mission	Residents of San Nicolas, Bayombong, N.V.		Free medicines and free check-up
Medical, Dental, Optical Mission at Don Mariano Marcos, Bayombong	Don Mariano Marcos, Bayombong, NV		Medicines, vitamins, and pain killers for dental procedures
Medical-Dental-Optical Mission	Vista Alegre, Bayombong, NV		Healthcare needs and wellness
Humanist Action for Community Well Being		60	
Medical Mission	Residents of Sitio Masina,	50	Medical Assistance
Medical-Dental-Optical Mission	Barangay Magsaysay Hall, Bayombong, Nueva Vizcaya		
Health teachings on nutrition and proper hygiene	Pawak Elementary School	100	100 hygiene kits, brochures on proper nutrition & IEC on Diabetes Melitus
Jesus Mobile Clinic 2023: Medical Mission for Prk. Gonggongob residents	Residents of Prk. Gonggongob,	50	Medicines and vitamins



Activities	Type of Beneficiaries	No. of Beneficiaries	Type of Donation
	Cabuluan, Villaverde, N.V.		
San Nicolas Medical Mission	Residents of San Nicolas, Bayombong, N.V.		Free medicines and free check-up
KATATAGAN: Psychoeducation Resilience Program for Persons Deprived of Liberty	Persons Deprived of Liberties of the Nueva Vizcaya Provincial Jail	44	

**Total Number of Health and Wellbeing Activities: 13**

**Total Number of recipients: At least 654**



# SAINT MARY'S UNIVERSITY

BAYOMBONG, NUEVA VIZCAYA, PHILIPPINES

INSTITUTIONAL DEVELOPMENT AND QUALITY ASSURANCE  
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## NARRATIVE REPORT

<b>Project Title:</b>	SMU Blood Team's 'Dugong Marian, Alay sa Mamamayan': A Triumph of Community Spirit
<b>Date:</b>	April 27, 2024
<b>Time:</b>	8:00 am – 3:00 pm
<b>Team Composition:</b>	
<b>Project Leader:</b>	Mr. Domingo T. Guntalilib Jr.
<b>Project Staff/Members:</b>	Dr. Allen S. Marquez, Ms. Heidee Liclican, Mr. Vince Lucas, NSTP, SPCO, SMU-FERA, SMU EU, AAO, LMCDAC, MERT, SHS, and SHANS
<b>Narrative</b>	
<p>As anticipation built for the "Linggo ng Likha at Lingkod," Saint Mary's University's (SMU) Blood Team stood at the forefront of a remarkable initiative - the 'Dugong Marian, Alay sa Mamamayan' Blood Donation Drive. Unfolding on April 27, 2024, at the Rev. Fr. Tonus Gymnasium from 8:00 am to 3:00 pm, the event symbolized a collective commitment to a noble cause.</p> <p>Comprising dedicated members from various departments and organizations within SMU, including NSTP, SPCO, SMU-FERA, SMU EU, AAO, LMCDAC, MERT, SHS, and SHANS, the SMU Blood Team orchestrated an endeavor of profound significance. Guided by esteemed leaders such as Mr. Domingo T. Guntalilib Jr., Dr. Christopher Allen Marquez, and Dr. Moises Alexander T. Asuncion, the team left an indelible mark on the lives of those in need.</p> <p>Beyond the confines of the university, the collaboration extended to forging partnerships aimed at amplifying the event's impact. With meticulous planning to finalize the number of potential donors, concerted efforts were made to garner additional support and resources, ensuring the maximal efficacy of the blood donation drive.</p> <p>In a heartfelt appeal to the wider community, Mr. Domingo T. Guntalilib, Head of SMU NSTP and Ms. Maria Sheila M. Ramos, RMT, Head of the MedTech Department, extended a sincere invitation for partnership and assistance. Their impassioned plea underscored the pivotal role of collective action and solidarity in addressing pressing healthcare needs.</p> <p>With unwavering dedication and the steadfast support of key stakeholders, the 'Dugong Marian, Alay sa Mamamayan' Blood Donation Drive embodied a beacon of hope and compassion for those in need. As the event approached, a palpable sense of unity and generosity permeated the atmosphere, setting the stage for a truly transformative endeavor.</p> <p>As the SMU community united in solidarity for this noble cause, they epitomized the university's core values of service, compassion, and excellence. Together, they stood poised to effect meaningful change and uphold the revered tradition of giving back to the community.</p> <p>In the spirit of Marian solidarity, the 'Dugong Marian, Alay sa Mamamayan' Blood Donation Drive served as a testament to the profound impact of collective action and the boundless potential for positive change.</p>	
<b>Documentation</b>	



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<b>Prepared by:</b>	<i>Domingo T. Guntalilib Jr.</i>
<b>Date Submitted:</b>	<i>May 2, 2024</i>



# SAINT MARY'S UNIVERSITY

BAYOMBONG, NUEVA VIZCAYA. PHILIPPINES

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## SCHOOL OF ACCOUNTANCY AND BUSINESS

Damayon, S., Lim, R., & Cardenas, J., Estimada, J., Lapurga, J., & Ramiro, J. (2023). Effectiveness and Level of Implementation of a Community-Based Rehabilitation and Wellness Program (CBRP) for Drug Surrenderers in Northern Philippines. International Journal of Research and Innovation in Social Science, International Journal of Research and Innovation in Social Science (IJRISS), 7(7), 167-180

[https://scholar.google.com/scholar?hl=en&as\\_sdt=0%2C5&q=Samuel+Damayon&btnG=](https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=Samuel+Damayon&btnG=)





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Revision No.	Approval Date	Effectivity Date	Amendment
00	July 1, 2022	July 1, 2022	Initial Issue
01	November 17, 2022	November 17, 2022	Change in header

NARRATIVE/DOCUMENTATION REPORT

Project Title:	SHANS Mobile Clinic with Brgy. Gongongob as recipients
Date:	November 25, 2023
Time:	7:30 am-11:30 am
Team Composition:	School of Health and Natural Sciences Faculty, Staff and students
Project Leader:	Melchora M. Bautista
Project Staff/Members:	Dr. Joman J. Baliton Dr. Sherylou Benig Mr. Robert Aceret Maria Shiela M. Ramos, RMT Cathelyn C. Mariano
Narrative	
<p>The School of Health and Natural Sciences participated in the weeklong celebration of CHSF, along with other activities from different schools in the university. As part of the celebration, SHANS provided health care to the residents of Brgy. Gongongob by offering free medical consultations and medicines. Volunteer physicians were sought out and faculty members from every department shared their health expertise in collaboration for better health outcomes for Gongongob residents.</p> <p>The event started with messages from Dr. Joman J. Baliton, the Dean of SHANS, and Dr. Christopher Allen Marquez, the Director of LMCDC. A councilor from Brgy. Gongongob also responded. Fifty residents, including adults and children were the beneficiaries of the extension service. The nursing department's faculty members and students assessed them, and the filled out assessment forms were submitted to volunteer physicians for recommendations regarding laboratory tests. The Department of Medical Laboratory Science conducted the tests as advised, and the results were then sent back to the physician for prescription. The Pharmacy Department provided counseling and dispensing of medication to the residents with prescriptions.</p> <p>The Department Heads of the different programs of SHANS led each area, Dr. Sherylou A. Benig (Nursing), Melchora M. Bautista (Pharmacy) and Maria Shiela M. Ramos (Medtech) as each department's faculty members and students worked in collaboration in bringing health to the community.</p> <p>The activity concluded with the awarding of tokens and certificates of appreciation to volunteer doctors presented by Dr. Joman Baliton and Dr. Christopher Allen Marquez.</p> <p>An over all "very satisfied" feedback were the response of the residents who received the health services.</p>	



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Documentation



SHANS Faculty and volunteer doctors



SHANS Students with volunteer doctors

Prepared by:	Melchora M. Bautista
Date Submitted:	January 27, 2024





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Narrative/Documentation Report

<b>Project Title:</b>	Eye for the Seniors
<b>Date:</b>	April 26, 2024
<b>Time:</b>	8:00 am-12:00 pm
<b>Team Composition:</b>	
<b>Project Leader:</b>	Melchora M. Bautista
<b>Project Staff/Members:</b>	Essel T. Canaberal Cathelyn C. Mariano Mona Liza R. Acosta Joman J. Baliton Yka U. Habawel Maria Shiela M. Ramos
<b>Narrative</b>	
<p>The Eye for the Seniors project had the theme "Brighter Vision for Better Quality of Life." It aimed to provide free eye consultations, reading glasses, and multivitamins to elderly individuals identified through the Tiam-Tumaliuan Foundation. The foundation's coordinator, Mrs. Letty Ruiz, provided the names of thirty elderly individuals. The request for optometrists was coordinated by Ms. Mona Liza R. Acosta, a Pharmacy alumna, who also participated in the activity. Two volunteer optometrists, Dr. Clarence Amor Laciste and Dr. Sidney Lastica, brought all the necessary equipment and arrived on time. The President and founder of the foundation, Rev. Fr. Vic Tiam, and the executive secretary, Mrs. Essel Canaberal, also took part in the activity. The School of Health and Natural Sciences, led by project leader Melchora M. Bautista, along with 28 student and faculty participants, prepared the activity venue on time. Despite aiming for 30 recipients, only 16 elderly individuals attended due to their health concerns. However, this allowed each elderly person to be guided by at least two student volunteers.</p> <p>Nursing department volunteers assessed each elderly individual, checking their body temperature, blood pressure, and oxygen levels. Two elderly individuals had high blood pressure, and another had a fever and low oxygen levels. The individuals in need of urgent care were taken to the hospital, while those with high blood pressure were given their prescribed medication, amlodipine. Student volunteers from the Pharmacy department assisted with distributing medicine and guiding elderly individuals to the consultation area. The Biology department's student volunteers managed the program, documentation, and feedback forms. Faculty members assisted with registration, feeding the elderly, and other essential tasks.</p> <p>Overall, the project was successful, as its objectives were smoothly carried out and well-received by the recipients reflected from the feedback they answered after the activity.</p> <p>To efficiently carry out the project, a request for funds was sent to the accounting office after receiving approval from LMCDC. The total expense was P9,500, which covered 60 pairs of reading glasses (4,500.00), food and drinks (5,000.00) for all participants, and tokens for the optometrists. A one-month supply of multivitamins donated by 6 faculty members was prepared for the thirty elderly participants. The remaining multivitamins</p>	



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were given to Mrs. Canaberal for distribution to elderly individuals who were listed but did not attend. The remaining reading glasses were handed over to Mrs. Leycel Marzan for another extension service. There were more volunteers than recipients, which made the project more efficient as each elderly person's needs were fully met to their satisfaction. In total, 16 elderly individuals were served by 28 student and 16 faculty extensionists.

**Documentation**



The program with Ms. Yka Habawel leading the prayer, Dr. Baliton giving his welcome remarks, Ms. Mona Acosta introducing the optometrists and Mrs. Melchora Bautista delivering her closing remarks



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Arrival of elderly recipients assisted by SHANS faculty and students



Assessment of elderly recipients by volunteer nurses and students



Eye consultation by Dr. Laciste and Dr. Lastica



Elderly recipients with Dr. Laciste and Dr. Lastica with SHANS faculty and student volunteers





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Awarding of certificates of appreciation to volunteers, Dr. Laciste and Dr. Lastica, Ms. Mona Liza Acosta (Marian alumna), and SHANS faculty and student volunteer

<b>Prepared by:</b>	 Melchora M. Bautista
<b>Date Submitted:</b>	June 3, 2024





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Appendices

Extensionists (SHANS Faculty)



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Extension/Outreach Attendance/Participation Report

Project/Activity Title: EYE FOR THE SENIORS Venue: Pedro Calungsod Hall Date: April 26, 2024

Name	Gender (M/F/LGBTQIA+)	School/Unit/ Cooperating Agency	Participant Type (Employee/Student/Alumni /Recipients)	Nature of Involvement (Project Leader/ Sub-leader/Facilitator/Participant/ Donor)	Hrs.	Signature
1. Madeline Romoza	F	SHANS	employee	lead		
2. Aileen Tabaguel	F	SHANS/SOGS	employee	participant		
3. Shirla Rantor	F	SHANS	Employee	participant/donor		
4. Catherine C. Morano	F	SHANS	employee	sub lead		
5. YKABANUEL	F	SHANS	Employee	participant		
6. KRIZELLE POGUINANI	F	SHANS	employee	participant		
7. POULVIN SOWMAN	M	SHANS	employee	participant		
8. MARIAN LOPEZ	F	SHANS	Employee	participant		
9. Alice Z. Jubay	F	SHANS	employee	participant		
10. ELLI P. GANAN	F	CICF	employee	participant		
11. LOPEZ ARON	F	SHANS	employee	participant		
12. PATRICK V.	M	SHANS	employee	participant		
13. ERICA CALUNAN	F	SHANS	Employee	participant		
14. JONATHAN	F	SHANS	employee	participant		
15. CHRISTINA A. BENAIG	F	SHANS	employee	participant		

Attested by:  
  
(Signature over Printed Name)  
Project Leader

(Signature over Printed Name)  
CDA Coordinator

CC: School's Extension Council (SEC)  
LMC/DC

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Students



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Extension/Outreach Attendance/Participation Report

Project/Activity Title: EYE FOR THE SENIORS Venue: PEDRO CALUNGSOD HALL Date: APRIL 26, 2024

STUDENTS

Name	Gender (M/F/LGBTQIA+)	School/Unit/ Cooperating Agency	Participant Type (Employee/Student/Alumni /Recipients)	Nature of Involvement (Project Leader/ Sub-leader/Facilitator/Participant/ Donor)	Hrs.	Signature
1. Montoya, ZORRO GILVER D.	F	SHANS	Student	Participant		
2. Birco, JOMAR B.	M	SHANS	Student	Participant		
3. Benji, BRYAN C.	F	SHANS	Student	Participant		
4. Ignacio, MA KRISTINA PAGE V.	F	SHANS	Student	Participant		
5. Pichillo, CLAYTON ESPERANZA	F	SHANS	Student	Participant		
6. Coling, STEFANO B.	F	SHANS	Student	Participant		
7. Atad, LEA MAE B.	F	SHANS	Student	Participant		
8. Salvados, JEREMIA F.	M	SHANS	Student	Participant		
9. Agron, LEONARDO P.	F	SHANS	STUDENT	PARTICIPANT		
10. Lanza, NAI ALDIN	M	SHANS	Student	Participant		
11. Bartolome, KELAN JAY	F	SHANS	Student	Participant		
12. Cadizaga, NERIE	F	SHANS	Student	Participant		
13. Dulawan, RHEATHILL MAR	F	SHANS	Student	Participant		
14. Umaday, REYCHELLE	F	SHANS	Student	Participant		
15. Sumad, KERRIELO	F	SHANS	Student	Participant		
16. Tugonawa, KALIE JOY	F	SHANS	Student	Participant		
17. Capalongan, AL CIDA	F	SHANS	Student	Participant		
18. Begena, KIA MAE	F	SHANS	Student	Participant		
19. Rivera, ERINNE	F	SHANS	Student	Participant		

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Students					
20. Belington, Gigi	SHANS	student	participant		
21. Camille, Joseph	SHANS	student	participant		
22. Tondoc, Tello	SHANS	student	participant		
23. Bayang, Marlene	SHANS	student	participant		
24. Marica, Gwendolyn	SHANS	student	participant		
25. Dabagan, Meriel	SHANS	student	participant		
26. Cera, Amy	SHANS	student	participant		
27. Benito, Kristine	SHANS	student	participant		
28. Perlas, Zoa	SHANS	student	participant		
29. Antonio, Gloria Vicky A.	SHANS	Faculty	Participant		
30.					
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Attested by:

(Signature over Printed Name)  
Project Leader

01:  
School's Extension Council (SEC)  
LMCSEC

Noted by:

(Signature over Printed Name)  
CDA Coordinator

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Elderly recipients



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Extension/Outreach Attendance/Participation Report

Project/Activity Title: Eye for the Seniors      Venue: Pedro Calungsod Hall      Date: April 26, 2024

Name	Gender (M/F/LGBT QIA+)	School/Unit/ Cooperating Agency	Participant Type (Employee/Student/Alumni /Recipients)	Nature of Involvement (Project Leader/ Sub- leader/Facilitator/Participant/ Donor)	Hrs.	Signature
Minda Britania	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Caridad Cuntapay	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Carmen Danao	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Anastacia Dela Cruz	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Beatriz Gawan	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Dionisia Gratil	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Merced Guntalilib	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Carmen Longui	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Teresita Magonia	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Magdalena Rivera	F	Tiam-Tumaliuan Foundation	Recipient	NA		

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Erlinda Sion	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Rosalina Villanueva	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Thea Lumidao	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Edna Bayatan	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Juanita Lazam	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Antonia Culanag	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Flor Abbagu	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Adelina Guzman	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Emilia Fernandez	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Fely Baysa	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Virginia Gawan	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Lydia Guzman	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Aseng Fernandez	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Esteve Mangabat	F	Tiam-Tumaliuan Foundation	Recipient	NA		
Pedro Cutaran	M	Tiam-Tumaliuan Foundation	Recipient	NA		

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Ernesto Rivera	M	Tiam-Tumaliuan Foundation	Recipient	NA		
Pedro Infante	M	Tiam-Tumaliuan Foundation	Recipient	NA		
Eduardo Danguilan	M	Tiam-Tumaliuan Foundation	Recipient	NA		
Agustin Guyod	M	Tiam-Tumaliuan Foundation	Recipient	NA		
Antonio Mangabat	M	Tiam-Tumaliuan Foundation	Recipient	NA		

Attested by:

Noted by:

(Signature over Printed Name)  
Project Leader

(Signature over Printed Name)  
CDA Coordinator

10  
School's Extension Council (SEC)  
LMC-SAC

Daniel Villagracia  
~~Bethina Mind~~  
Susan Gallardo  
Nateo, Calabiao  
Erlinda H. Sion  
Letiaa H. Ruiz

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Donors of multivitamins



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Extension/Outreach Attendance/Participation Report

Project/Activity Title: EYE FOR THE SENIORS      Venue: PEDRO CALUNGSOD HALL      Date: APRIL 26, 2024

RECIPIENTS

	Name	Gender (M/F/LGBTQIA+)	School/Unit/ Cooperating Agency	Participant Type (Employee/Student/Alumni /Recipients)	Nature of Involvement (Project Leader/ Sub- leader/Facilitator/Participant/ Donor)	Hrs.	Signature
1.	Magdalena A Juan	Female	SMU SHANS	Employee	Donor		
2.	Alicia Jubay	Female	SMU SHANS	Employee	Donor		
3.	Peter Tom Callang		SMU SHANS	Employee	Donor		
4.	Veronica Pauline R. Belen	Female	SMU SHANS	Employee	Donor		
5.	Maria Shiela M. Ramos	Female	SMU SHANS	Employee	Donor		
6.	Cathelyn C. Mariano	Female	SMU SHANS	Employee	Donor		
7.	Mendelchon Rose R. Balisan	Female	SMU SHANS	Employee	Donor		
8.							
9.							
10.							

Attested by:

(Signature over Printed Name)  
Project Leader

Noted by:

(Signature over Printed Name)  
CDA Coordinator

Note:  
\*Append the list of extensionists/participants  
\*Append the list of donors



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## NARRATIVE REPORT

<b>Project Title:</b>	POPSAD Gift-Giving and Feeding Activity
<b>Date:</b>	February 10, 2024
<b>Time:</b>	8:00 – 10:00
<b>Team Composition:</b>	SMU Grade School Faculty and Staff
<b>Project Leader:</b>	Jennifer A. Alaman
<b>Project Staff/Members:</b>	Ma.Cristeta M.Aduca Louie Burgos Rose Ann Peralta Venalyn Ubando Mam Eva Rose Bugaling Bryant Soliven
<b>Narrative</b>	
<p>Saint Mary's University Grade School takes earnestly in steering and being actively involved in building vibrant Christian communities and in reaching out to the needy and marginalized members of the communities through works of charity and development. Hence, the SMU Grade School faculty and staff conducted an outreach activity for the POPSAD (Parish Outreach Program for the Sick, Aged and Disabled) patients of St. Dominic Parish on February 10, 2024. The faculty and staff of SMU Grade School joined the Holy Eucharist with the Sacrament of Holy Anointing and in celebration of the Feast of Our Lady of Lourdes and World Day of the Sick. After which, SMU Grade School faculty and staff distributed a gift-pack (a loaf bread and small bottle of peanut butter) and snacks to the seventy-two (72) POPSAD patients.</p> <p>The cash amount to were donated by the SMU Grade School faculty and staff, PTAI, and some generous donors.</p>	
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Date Submitted:	March 14 , 2024